

Emily G. VandeKieft

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EDUCATION

Bachelor of Science in Social Science | Minor in Women's Studies
Portland State University, *Portland, OR*

March 2020

CERTIFICATIONS

Certified BLS Provider (CPR and AED)

Current

American Heart Association

HealthStream Compliance Training

Current

HealthStream

Counseling on Access to Lethal Means

Current

Zero Suicide Institute

RELEVANT VOLUNTEER & OBSERVATION EXPERIENCE

LEAP Adaptive Ballet *Gresham, OR*

October 2019

Pediatric Adaptive Ballet; *Observation, Volunteer*

- Aided therapists by helping with posture corrections and adaptive equipment, redirecting attention-seeking behavior, and guiding students through exercises
- Provided direction for students using wheelchairs through physical and verbal cues, as well as physical support for those using adaptive equipment like walkers and forearm crutches

Providence Northeast Rehabilitation *Portland, OR*

October 2019

Neurological Rehabilitation and Orthopedics; *Observation*

- Learned about proper workplace ergonomics, facial counterstrain, and building hand splints
- Gained exposure to wound care and pain management, including the effects of scar tissue on functionality, disconnect between the brain and nerve endings, and client fear of reinjury
- Learned about and observed the effects of pontine and ischemic strokes, such as hemianopsia, left side neglect, and contractures, and observed the use of DynaVision to assess coordination

Oregon State Hospital *Salem, OR*

September 2019

Mental Health Occupational and Vocational Therapy; *Observation*

- Engaged with patients in Tai Chi and gardening to better understand how these activities bring meaning to patients' lives and benefit their health
- Observed an interdisciplinary evaluation and the process used by psychology, sociology, nursing, and OT to assess client behavior and the efficacy of the client's treatment plan
- Took OT-led tour of the vocational program's facility to learn about work therapy and the ways vocational OT can help patients regain steady employment, including interview preparation, personal hygiene, transferrable skills, and workplace etiquette

Washington County Corrections Community Center *Hillsboro, OR*

September 2019

Life Skills Occupational Therapy; *Observation*

- Learned about OT's leadership role and direction of the WCCC Life Skills program and its impact on client success in their transition from incarceration to civilian life

- Learned about clients' experiences, backgrounds, and struggles with crime and substance abuse, and ways OT supports and promotes growth from the events that led to their incarceration
- Participated alongside and engaged clients in OT-led activities to gain appreciation for the client perspective, including the Kawa River model, food preparation, and healthful lifestyle education

Mount Hood Kiwanis Camp *Rhododendron, OR*

August 2019

Camp Counselor; *Volunteer*

- Learned about campers' experiences living with Asperger's Syndrome and developmental disabilities, their lives at home, housing, jobs, friendships, and family dynamics
- Provided personal care, performed transfers, directed activities, created and followed daily schedules, led group journaling sessions, and helped campers make and achieve personal goals
- Supplied documentation of camper activities and experiences as well as their daily medical and behavioral status

Progressive Rehabilitation Associates *Portland, OR*

August 2019

Interdisciplinary Occupational Therapy; *Observation*

- Observed interdisciplinary all-staff meeting regarding plans of action for clients with chronic pain or brain injuries and the role of insurance in plan development
- Learned about pacing, EMG therapy, and the importance of breathing in supporting client health
- Observed the use of biofeedback in determining interaction of client heart rate, skin temperature, and breathing patterns and their impact on client health

TherapyWorks NW *Gresham, OR*

January-March 2019

Pediatric Occupational Therapy and Hippotherapy; *Observation, Volunteer, and Side-walker*

- Aided OTs by performing transfers, helping with posture corrections, physically supporting clients when appropriate, resetting games in between clients, and walking alongside horses
- Participated in the development of occupations with a goal of achieving individually clientdefined success to gain knowledge about the process of designing client treatment plans
- Learned about symptoms, documentation, and treatment of diagnoses such as fetal alcohol syndrome, autism, and cerebral palsy

PROFESSIONAL EXPERIENCE

Portland Community College *Portland, OR*

September 2019-June 2020

Tutor of Anatomy and Physiology

- Support PCC students by answering questions, synthesizing learning, sharing knowledge about study tools and school resources, and providing guidance through personal experience in A&P
- Support faculty by maintaining lab equipment and educating students about safe lab practices
- Develop organizational system for anatomical model/key inventory

McMenamins *Portland, OR*

May 2012-June 2020

Bartender (2012-2020); Trainer (2013-2018); Assistant Bar Manager (AAM)(2016-2018); Catering Manager (2016-2018); Server (2012)

- Demonstrated progression and promotion during my tenure with McMenamins
- Redesigned and reconfigured POS menus in order to streamline productivity and ensure faster, more accurate service
- Developed new bartender training program using teach-show-do method to support graded, experiential learning and documented new employees' performance to assess progress and direct individualized training